

July 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 GRIDIRON TEAM CAMP	2 GRIDIRON TEAM CAMP	3	4 INDEPENDENCE DAY	5	6	7
8	9 STRENGTH & SPEED TRAINING 10AM-NOON	10 STRENGTH & SPEED TRAINING 10AM-NOON	11	12 STRENGTH & SPEED TRAINING 10AM-NOON	13 STRENGTH & SPEED TRAINING 10AM-NOON	14
15	16 STRENGTH & SPEED TRAINING 10AM-NOON	17 STRENGTH & SPEED TRAINING 10AM-NOON	18	19 STRENGTH & SPEED TRAINING 10AM-NOON	20 STRENGTH & SPEED TRAINING 10AM-NOON	21
22	23 STRENGTH & SPEED TRAINING 10AM-NOON	24 STRENGTH & SPEED TRAINING 10AM-NOON	25	26 STRENGTH & SPEED TRAINING 10AM-NOON	27 STRENGTH & SPEED TRAINING 10AM-NOON	28
29	30 STRENGTH & SPEED TRAINING 10AM-NOON	31 STRENGTH & SPEED TRAINING 10AM-NOON	1	2 STRENGTH & SPEED TRAINING 10AM-NOON	3 STRENGTH & SPEED TRAINING 10AM-NOON	4
5	6					